

FAST knowledge Circle profile- additional information.

Delivered by: FAST NT

In the following remote communities currently in 2014

NB: FAST NT consults with the school and local community to establish a program. The program is delivered under MOU's with the local school.

Other organisations are involved in various ways of support, either by funding, stake holder consulting, program participation or referral pathways.

**East Arnhem:**

Galiwinku: Shepherdson College, Buthan Community (new housing estate in Galiwinku town)

Gapuwiyak; Yalauku and Raymagirr Homelands

Angurugu: Angurugu School (Groote Island)

Ramingining school

Milingimbi School

**Katherine Region:**

Wugularr School (Beswick)

Barunga School

**Barkley Region:**

Tennant Creek Primary school

**Alice Springs:**

Yipirinya School

Sadadeen School

Larapinta School

Bradshaw School

Gillen School

### Activities Include:

Team training, mentoring and support for program delivery (6-8 people trained)

Parent Support: Parents instructions from team members are given in such a way that respects and puts the parents in charge of their family. "Table Based Coaching"

NB: 8-10 families come to 2.5 hour program for 8-10 weeks (one night a week)

First hour: Activities that *whole family* participates in:- "family flag making activity", "FAST hello activity", "community singing", "family scribbles drawing exercise", "family feelings game" and shared meal.

Second Hour: Children have "*children's activities*" while parents sit in a facilitated "*parent support group*".

After parent group, one parent and "focus" child spend time together in "special play" ( parents are instructed about child directed play time.

Last 15 mins: is all families in closing rituals of "announcements", "Family fun prize giveaway" and "closing rain dance"

### Cultural Relevance:

See first page